

# ERGONOMIC EVALUATIONS

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## 5 REASONS TO SCHEDULE YOURS

1. Reduce workers compensation & healthcare costs
2. Improve work quality and productivity
3. Improve comfort
4. Create a safe environment
5. Decrease early fatigue rate



Contact us to schedule your office  
ergonomic evaluation

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# Is Ergonomic evaluation worth the cost?

As a Business owner you can demonstrate how you value your employees, their health and their safety

According to the CDC, fatigue and injury occur sooner when working with a poor posture caused by all improper ergonomic setting

OSHA requires employers to provide employees a safe and healthful work environment

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Proper Ergonomics will help reduce the chances of common occurring work related injuries

- Carpal tunnel syndrome
- Repetitive and overuse syndrome
- Rotator cuff syndrome
- Impingement syndrome
- Nerve irritation and radiculopathies
- Muscle strains and tendinitis
- Chronic low back and neck pain
- Tension of migraine headache
- Eye strain

Doctor Allen Minassian, DPT is a physical therapist with extensive experience in the treatment and prevention of occupational injuries including postural assessment and correction of the work setting for improved ergonomics and safety.